



Men All Need to be Caring, Actively Engaged, Vested, and Encouraged

## Nurturing Father's Program

Every child deserves a NURTURING FATHER -

A man who actively provides guidance, love and support to enhance the development and growth of children for whom he cares.



### Things to know:

- ◆ 12 sessions, meeting weekly
- ◆ Sessions 60-90 minutes long
- ◆ Session facilitators are male
- ◆ Sessions are small for questions, discussion and activities.
- ◆ Program includes a Nurturing Fathers journal, resources and

Participants will learn:

The secrets for creating safe, loving, stable, and nurtured families.

Positive discipline tools taught through a uniquely father-friendly method for successful child behavior management.

Effective family communication techniques to strengthen the father-child and father-mother relationships.

How to stop fighting and arguing by using proven-effective strategies for conflict resolution and problem solving.

How to achieve cooperation and teamwork in family life.

### From Men Who Have Completed This Program:

"...a fantastic journey / education into learning healthy fathering."

"...made me realize that by nurturing my children, I grow myself."

"...the most valuable tool for me and my family's success and unity."

"...so needed, so valuable."

"...will most definitely make fathers out of men."



**M.A.N. C.A.V.E.**



For more information or to sign-up

contact Jesus Alex Cadenas

Jesus.cadenas@phoenix.gov

